FROM THE PRINCIPAL

Dear Parents and Friends of the St Vincent’s community,

I’m not sure what it is like at your house in the mornings but I’m guessing at times it is the same as mine! Why aren’t your shoes on? Where is your hat? Are the kid’s lunches made? ‘Now I’m running late’ it’s fast paced, loud and stressful.

We are on the countdown to Week 10 and the school holidays! Whilst this is exciting, it is also a time where ourselves and the children often become tired. Our tolerance and patience levels drop and things that normally would not bother us do. A number of students and teachers have also fallen ill this week with a 2nd round of the flu hitting the community. Don’t forget to take some time out to breathe, drink water and get a good night’s rest.

Congratulations to:

Harriet and Eliza Bell who were welcomed into the Catholic Church through the Sacrament of Baptism yesterday.

All students who will be receiving their First Eucharist on Sunday. Please continue to pray for these students and their families.

Louise Osbourne-Goldsbrough and Mikaela Walsh who complete their final Pre-Service Teacher placements this week. Louise and Mikaela have been a welcome addition to the St Vincent’s Community and will be an asset to the teaching profession. They return to University next week to finalise their paperwork and in Term 4 will be available to work in schools.

Many thanks to their mentor teachers Lynne and Kylie-Anne for their support of Louise and Mikaela.

St Vincent de Paul Feast Day Celebrations.

Next Friday 22 September, we will be celebrating the feast day of our Patron Saint; St Vincent de Paul. Celebrations include Mass at 9:30am with the whole school and parish community. Our school event for the feast day will be a ‘St Vincent’s Got Talent’ show. St Vincent’s Got Talent will be held from 12midday to 1pm in the Hall. Parents are most welcome to join us for Mass and the Talent Show. We look forward to seeing you there.

2017 Swim and Survive Program

Today, your child/ren will have brought home information regarding this year’s RLSS ‘Swim and Survive’ program. The process for enrolling your child/ren into the program must be done online. If you are having difficulty with the online enrolment process, please contact the school and we will be able to help you with this. Help is also available for those parents who do not have access to online devices. The Online Enrolment System will remain open until Wednesday, 11 October and all enrolments are due in by this date. After this date the online system will lock.

With best wishes always,
Lisa
lisa.harris@cg.catholic.edu.au
First Eucharist Celebration

This weekend our St Vincent’s children will receive the special gift of Jesus in the Eucharist for the first time. Congratulations to their families for their wonderful effort and for the support that has been given to each child. As a community we pray that God’s blessings are upon them, not only at this time but each and every day of their lives. A special thank you to their teacher, Mrs Luchetti for her wonderful work in preparing these children.

Since the start of the year, the children have learned about the Sacrament of Eucharist in their class. On Wednesday of this week, the children went on a Retreat Day to integrate their understanding of Eucharist with a special prayer and reflection. A special thank you to Mr Ferenc for the support and faith-filled gifts that they shared with us.

God of all our journeying, we remember your promise that you are always with us. Be with the children who are preparing to celebrate their First Eucharist. May they and their families experience your presence with them in a special way through the gift of Eucharist and may they grow in their love for You and one another.

The children enjoyed some time for prayer and reflection on Wednesday at their Retreat Day. We sincerely thank the children and Mr Ferenc from SFX for the support and faith-filled gifts that they shared with us.

Peace and best wishes,
Luke Maher (Religious Education Coordinator)

FROM THE PARISH
Children’s Liturgy will be held during 10am Mass, this Sunday, 17 September in the Parish Centre. All welcome.

CA mâEEN
Order your children’s lunches online – www.flexischools.com.au
Next week’s (22 Sept) Specials are: Vegetable Soup (V)-$1.00
Hamburger-$4.00

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS 9.30am-2.00pm</th>
</tr>
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<tbody>
<tr>
<td>15 September 2017</td>
<td>Year 5 Blue</td>
</tr>
<tr>
<td>22 September 2017</td>
<td>Year 5 Yellow</td>
</tr>
</tbody>
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PLEASE NOTE: Reminder that all orders made through Flexischools are due on WEDNESDAYS AT 5PM.
**SPORTS NEWS**

Congratulations to Will H and James H, who have been selected into one of the Belconnen Zone Cricket Teams playing in the ACT tournament today and tomorrow 14 and 15 September.

Lynne Hellyer, Sports Teacher

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**Club 4 kids Playgroup**

Yesterday we discovered that 'The Wheels on The Bus Go Round and Round...' as Club 4 Kids ventured out. The children and adults enjoyed a wonderful visit to the ACTION Bus Wash where we saw the bus doctors, washed the bus and woke up the sleeping buses and their drivers. Thank you to all those who climbed aboard.

Jacinta Putt

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**AWARDS**

We congratulate the following recipients of this weeks awards

- **KINDER YELLOW:** James G, Aurelia R
- **YEAR 1 BLUE:** Jivin P, Lily R
- **YEAR 2 YELLOW:** Grace C, Dakota C
- **YEAR 3/4 BLUE:** Juno P, Menard L, Sheran M
- **YEAR 3/4 YELLOW:** Alex T, Sarah M
- **YEAR 5 BLUE:** Tom T, Shubnoor K
- **YEAR 5 YELLOW:** Lucy M, Lara S
- **YEAR 6 BLUE:** Harini B, Jordan F

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**BIRTHDAYS**

Happy Birthday to the following students celebrating their birthday over the coming week:

Kalari B, Lily R, Eleni M, Lily C
ONLY 1 WEEK TO GO
WOOLWORTHS EARN AND LEARN ENDS ON
TUESDAY, 19 SEPTEMBER

For every $10 that is spent, you will receive one sticker.
All stickers need to be handed in by Wednesday, 20 Sept.
Every sticker counts, we need them all.
Thank you for your support

COMMUNITY NOTICEBOARD

Play Baseball with the Bandits Baseball Club

There’s a team for everyone!
JUNIORS – U7s, 9s, 11s, 13s, 15s & 17s
SENIORS - 1st, 2nd, 3rd, 4th, 5th & 6th Grade
WOMENS - Ages 14 & up

Register Online or contact Bandits at
Website: www.actbandits.com.au
Email: contact@actbandits.com.au
Phone: 0438 581 496

Junior Season starts 14 October
Games for U7-U13 played on Saturday @ Narrabundah, U15 & U17s at club fields.
U13s & U15s also on some Wed nights
Womens play Friday night

It’s Yucky!

In the classroom we have been looking at the importance of not giving up and finishing a task, the advantages of doing schoolwork and chores we find boring or difficult and the disadvantages of putting off our work. It is normal to have trouble finishing tasks we find hard or boring but giving up too early is one of the major causes of failure and should be avoided whenever possible. We can learn ways of thinking that will help us to not give up and to finish work no matter how hard or boring.

I’ll Do It Now. Pow!!
Instead of thinking: “This is yucky I’ll do it later.”
Tell yourself: “I’ll do it now.”

Use other encouraging thoughts such as “I Can Do It” and “Give Effort.” Adopt a “Working Tough” approach.

Encourage each other when you are doing things that are difficult.

Don’t get into a habit of putting things off.

Use thoughts and phrases that will motivate you.

Schedule and look forward to fun time when you have finished your hard yakka.